



CHAP TEAM NEWSLETTER



MAY 2022

CHAPPROJECT@FLINDERS.EDU.AU

As part of Heart Week from 2 to 8 May, we would like to raise awareness about the importance of heart health. With one Australian having a heart attack or stroke every 4 minutes, it is critical that **you** take time to reflect on your life style and identify ways to improve risk factors to decrease your chance of having a heart condition.



Everyone 35-75 years old should complete the online **Heart Age Calculator** that only takes a few minutes to find out your heart age at heartfoundation.org.au/heart-agecalculator and speak to your doctor / nurse to see if you're eligible for a **Heart Health Check**. For more information, check out the Heart Foundation website.

Coronary heart disease remains Australia's biggest killer

GOVERNANCE COMMITTEE



Dr Hendrika Meyer

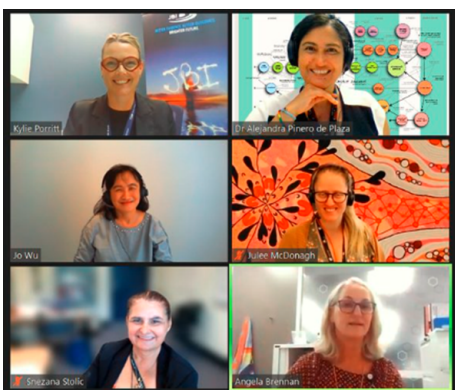
The CHAP Governance Committee met in April, Chaired by Dr Hendrika Meyer who welcomed two new members:

- Consumer Representative - **Mr Clayton Bester**, broadcaster for Flow FM in the Barossa and
- Aboriginal Health Expert - **Ms Kim Morey**, Aboriginal Health Equity Researcher at SAHMRI.

For a full list of our exceptional Governance Committee members, go to our [CHAP website](#).



TEAM ACHIEVEMENTS



Dr Maria Alejandra Pinero de Plaza, has been elected to the **JBI Field Expert Reference Group (ERG) - Cardiology**. Their strategic objective is to evaluate the quality, clinical relevance, and applicability of JBI evidence for practice in their specialty area. Members of Expert Reference Groups provide advice on current and recommended content areas, promote and raise awareness of relevant JBI tools and resources for best practice, and act as advocates for evidence-based practice. Congratulations Alejandra!

TEAM ACHIEVEMENTS CONT..

Katie Nesbitt has been chosen to contribute to ACRA / CSANZ Telehealth position statement by being part of writing group 2 - principles for remote delivery of cardiovascular rehabilitation. Well done to our PhD candidate, Katie we are very proud of you.



PRESENTATIONS



We are pleased to have Prof Robyn Clark, Prof Jeroen Hendriks and Katie Nesbitt presenting at the upcoming Congress. You can refer to the online program and register at [EuroHeartCare - ACNAP Congress 2022 \(escardio.org\)](https://escardio.org).

Prof Jeroen Hendriks has been invited to present on:

- The role of nurses and allied professionals to assess and follow-up on comorbidities in cardiovascular patients
- Novel models of integrated cardiovascular care delivery – what do the ESC Guidelines say?
- Update on developments in complex interventions: Discussion.

Prof Robyn Clark and Katie Nesbitt will have poster presentations so make sure you check them out.



Australian Cardiovascular Health & Rehabilitation Association SA/NT 2022 Showcase

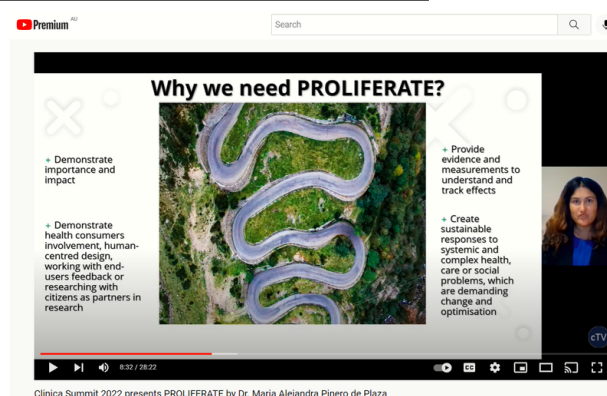
Better together during COVID-19 and Beyond

Saturday 28th May

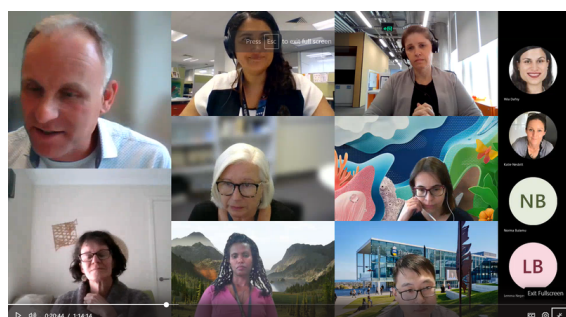
Flinders University, Victoria Square, Adelaide

A few of the CHAP / Stroke Team will be presenting at the upcoming ACRA SA/NT Showcase including Dr Alline Beleigoli, Dr Sara Noonan and Dr Lemma Bulto. Please support them by joining in person or online. You can register to be involved at <https://www.trybooking.com/BYRII>

If you missed the Clinica Summit 2022 - you can watch Dr Maria Alejandra Pinero de Plaza's presentation on PROLIFERATE online [here](#). This event highlighted the most innovative developments in Australian healthcare and technology including the PROLIFERATE project, which aims to deliver a complex-prediction modeling evaluation that can track and measure the usability and impact of a cardiac AI-based clinical decision-support tool from the perspective of end-users embedded within the workflows of 12 SA public emergency departments.



SYSTEMATIC REVIEW CLUB



Prof Robyn Clark and Prof Jeroen Hendriks have implemented a 'Systematic Review Club' methodology for more than 18 months to upskill the Cardiac and Stroke Researchers in CFI. Both Profs are highly experienced in executing SR methods and offer a wealth of knowledge to mentor the members of the SR club. By the end of 2022 this Club is hoping to achieve completion of 9 SRs and >20 related publications.

WHAT'S ON IN MAY?



Hosted by the Heart Foundation in partnership with the World Heart Federation, this Lipid lowering landscape webinar will be held on Wednesday 4 May at 6.30pm (Adel time) with an international panel who will seek to explore the latest evidence on the management of high cholesterol in the context of cardiovascular risk reduction. Register [here](#).

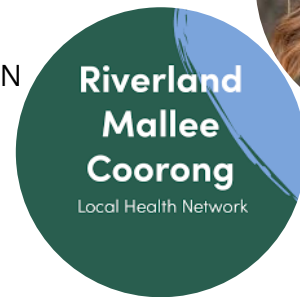
NEXT CHAP CPD SESSION

Module 4: Healthy Eating and Weight Management

Wed 11 May 2022 @ 1pm (Adel time)

PRESENTERS:

- Dr Kacie Dickinson - The emerging food environment - implications for cardiovascular disease
- Service of the Month - Ceri Johns, Riverland Mallee Coorong LHN
- Facilitator: Dr Joyce Ramos



GET CONNECTED:

Email chaproject@flinders.edu.au for zoom details

HAPPY HEART WEEK



Our remarkable team want to remind you to take the time to look after your heart and encourage others to do the same - especially during Heart Week 2-8 May 2022.



The CHAP project is co-funded by NHMRC Partnership Grant (GNT 1169893)